

ERC Guidelines 2010

The European Resuscitation Council Guidelines for Resuscitation 2010 provide specific instructions for how resuscitation should be practiced and take into account ease of teaching and learning, as well as the science. They were developed by Europeans and have been specifically written with European practice in mind. ([Download press release](#))

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Guidelines

Download the Full PDF version as they are published in Resuscitation, our official Journal.

Summary

Download the small book with all the most important changes and algorithms.

Posters

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CoSTR

CoSTR 2010 summarises the scientific evidence supporting all aspects of resuscitation.

Video Summaries



Jerry Nolan:
Introduction



Ruud Koster:
BLS/AED



Charles Deakin:
ALS



Dominique Biarent:
EPLS



Koen Monsieurs:
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